MANIPAL
ACADEMY of HIGHER EDUCATION
(Institution of Eminence Deemed to be University)

SOP for Student counselling process

MAHE STUDENT – COUNSELLOR

Rapport & Relationship Building Session

Written informed consent
- For intervention and confidentiality

Case history & risk factors assessment

Psychologcal assessment & diagnosis

Red Flag / Emergency Case

Informing the DSA
Teacher Guardian, HOI, Parents, Chief Warden (If Hostelite)

Mahe Counsellor shall accompany the student to referral for treatment

Termination of treatment

Feedback is taken from
- Referred Dept

Follow up by mahe counsellors

Yellow Flag/ Counselling with Therapy

Focused Psychological Assessment

Identifying the Strengths

Formulating Therapeutic Alliance

Therapeutic Counselling Sessions

Review & prognosis

Termination of treatment

Feedback

Feedback Analysis by DSA

Green Flag / Guidance & Counselling

Exploration of the Problem (academic, Career, Personal, Social)

Formulating plan of actions

Discovering the solutions

Re assessment and reviewing the problems

Termination of treatment

Feedback

Issued by: Director, Student Affairs, MAHE, Manipal